



Holistic Directions
EXCELLENCE IS THE WAY

NLP Classic Code & New Code NLP Practitioner 2014

Winnipeg, Canada

Intensive Course Format

Option 1: Classic Code NLP - August 17-22, 25-26, 30, 2014

Option 2: New Code NLP - August 26-30, 2014 (NLP Practitioner Pre-requisite)

Option 3: Combined Classic and New Code NLP - August 17-22, 25-30, 2014

Certification day August 30, 2014 (optional & extra fee)

Jacquie Nagy www.holisticdirections.com





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Individuals, Coaches, Trainers, Leaders

Twelve days of live NLP Training
including certification (optional)

Led by Jacquie Nagy, Winnipeg,
Canada accompanied by Irina
Mikhalitsina, ITA NLP Trainer,
Montreal, Canada



Winnipeg NLP Practitioner & New Code NLP Practitioner 2014

Some of what this course gives you...

- Techniques for breaking free from unwanted patterns of behaviour you have already identified as being counter-productive in your current situation
- Tools for changing how you can communicate in a more effective way so others will listen
- Get 'unstuck' and move forward in your life with new feelings and emotions attached
- Ways to employ NLP to be even more successful working professionally with clients
- In relationships, techniques to access the state of others, understand their point of view, reduce conflict, and improve the quality of how you communicate
- Incorporate NLP processes and techniques within your own course content

When you decide to take this course you will walk away feeling crystal clear, you will feel grounded, aligned and ready to start applying the techniques immediately in your everyday life.

Fully certified Practitioner training is available for booking now!
Combined Classic and New Code NLP - August 17-22, 25-30, 2014

This accelerated program comes with support and written materials. For more information on course content or questions regarding NLP Practitioner Certification training in Winnipeg, Canada contact jnagy@holisticdirections.com or call 1-204-480-8667



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What you can expect from your NLP training...

Many courses are taught in a rote deductive way which in our opinion hinders and slows down learning and retention is short lived.



What we intend for you is to learn inductively, through live experience and by practicing your skills in real life. In our experience this style of inductive and experiential learning builds strong bonds in your neurology – where both your body and mind are engaged simultaneously and your knowledge becomes tacit.

How will you learn?

When you attend Winnipeg NLP, you will learn in an experiential way, in natural settings and through real life application. This course will provide you with the core principles, methods and techniques of Classic Code NLP helpful to evoke change and motivate you to produce the results you desire.

Additionally, you can participate in several evening sessions to explore and discover the highly effective and ecological New Code NLP change formats. Employ NLP in a self applied style and enhance your NLP skills working with others.



This exciting NLP Practitioner certification course includes the following material:

1. **What is Neuro-Linguistic Programming?** – The ‘epistemology’ of how we operate and communicate – the ‘how we know what we know’
2. **Rapport building** – How to develop the deepest foundations found in highly successful relationships
3. **Non-verbal behaviour** – A high percentage of our communication is delivered non-verbally. Learn how to utilise non-verbal communication effectively to get bigger results
4. **Calibration** – learn how to read people non-verbal behaviour
5. **Representational systems** - How we deeply structure information in our head to form the language to describe our experience and communicate with others
6. **Language packages** – You will be introduced to two patterns of using language that get results.
 - a. **The Meta Model** is a questioning package to drill down and uncover hidden information. Learn how to use questioning techniques to uncover the root cause of the statement and the intention behind it.
 - b. **The Milton Model** is a model also helpful for improving interpersonal communications. Become fluent in the metaphoric patterns of the Milton Model. Those who go on this course never think the same about language and behaviour again. Guaranteed!
7. **Anchoring formats** - For building and manoeuvring state
8. **Submodality interventions** - For changing the structure of mental representations such as beliefs, phobias
9. **Tasking** - To help you learn how to change deeply rooted patterns
10. **TimeLine** – Advanced formats for collapsing emotional attachment to past representations and metaphors
11. **Submodalities** – Get to grips with the frameworks of your memories and experiences and learn how to change them to produce fantastic personal results
12. **N step reframing** - The ‘bridge pattern’ John Grinder developed between the Classic Code and New Code NLP. The n-step pattern creates powerful change using below conscious signals – and helps you to develop a rapport with your own bodymind in readiness for making personal change
13. **Intention** - Understanding and utilising the practice of attention to intention to deal with inconsistencies in life
14. **Parts integration** - To create alignment when internal conflict and incongruencies exist
15. **Tools for behaviour generation** – Learn multiple tools and techniques for redesigning your behaviour
16. **The Practitioner ethics**
 - a. Doing what it takes within the ecological boundaries of the relationship
 - b. Framing and dealing with expectation in a client
 - c. Understanding the distinction between content and process
 - d. How to avoid client over-dependency
 - e. Gaining clarity with evidence of success
 - f. Ensuring increasing rapport between the client's conscious and unconscious mind

How to connect with the part of your brain that controls thoughts, emotions and feelings...

You'll begin by getting introduced to the core underpinnings and principles of NLP from co-creator John Grinder's version. Find out how we communicate as human beings and how we codify 'what is going on?' around us to make sense of our experiences. By understanding how your senses and language works provides the foundation of NLP patterning. Once you understand the make up of the patterns you can start to change.

Learn techniques and take your personal performance to another level

On this training, you will become united with the patterns contained in the Classic Code of NLP – and if you choose to attend both courses you will learn the advanced patterns in New Code NLP (John Grinder & Carmen Bostic St Clair)

Understand how to create and manage change in others looking to make changes in themselves

Utilising these state of the art tools for personal development excellence is the whole point of personal development and to offer these tools to another person for them to develop too is a great thing. Think about the

possibility of building a business or ultimately building and designing your own high performance patterning programmes that allows you to:

1. **Build fantastic relationships** in your home life as you begin to understand what makes a person tick and understand the varying tools available to create rock solid bonds that are the foundations of home life. Improve your language skills to be able to deal with any situation in whichever way you choose to. Enhance your 'presence' as your confidence grows with your newfound skills learned.
2. **Create powerful patterns of behaviour** to enhance your business performance. This training gives you the opportunity to learn some of the most powerful processes for psychological change ever. People all over the world now find cold calling 'easy', public speaking 'no hassle' and those tasks that used to be a pain no longer are. Changing your behaviour in business could allow you to think about 'what my professional life might be like, if I get involved in this training'?

ITA Certifying Members



Jacquie Nagy and Irina Mikhailitsina are Certifying Members of the ITANLP and offer NLP courses modeled alongside Dr. John Grinder, the co-creator of NLP, Carmen Bostic St. Clair and Michael Carroll.

3. **Break free from unwanted patterns of behaviour** you have already identified as being counter-productive to your current situation. Learn new methods for changing how you can operate to move forward in your chosen context with new feelings and emotions attached to your life, allowing you to experience how you can choose to feel and be different.

4. **Learn highly practical skills from the New Code NLP** and create balanced 'bodymind' states and become an excellent performer in whatever field you choose. The patterns and methods of New Code NLP are specifically designed so you can become autonomous and take control of your own state in times of stress and when challenged at home, work and in relationships. This is where the 'rubber hits the road' in personal development. Use New Code NLP and learn to act authentically. Become crystal clear about your intentions and get what you really want in your life. Live the dream!

You may ask yourself – “How can I use NLP and the skills I will learn in this course in my real life and business...?”

<p style="text-align: center;">Business and Life Coaching</p> <p>Communicate better with staff, prospects and customers Apply to leadership, stress change management Team building, coaching and communication Learn how to improve the quality of your performance Utilise NLP patterns and create new outcomes Learn how to work at the higher level of 'state'</p>	<p style="text-align: center;">Personal</p> <p>Improved self-knowledge and awareness Reveal what is unconsciously limiting you in life and work Utilise NLP change techniques to open new doors Deepen the level of connection in your relationships Understand and influence those around you Create new horizons for your life</p>
<p style="text-align: center;">Health & Wellbeing</p> <p>Fantastic techniques for creating a positive outlook Learn processes to change unwanted habits behaviours Transform the lives of people with fears and phobias Connect deeply with your inner unconscious self Practical embodied tools for increasing body awareness</p>	<p style="text-align: center;">Training</p> <p>Use language to reach all styles of learner Identify and utilise multiple learning systems Create powerful learnings through metaphor Present information with clarity and purpose Anchor optimal states for presenting in front of a live audience</p>
<p style="text-align: center;">Career</p> <p style="text-align: center;">Build a low overhead business easily Complement your existing training, coaching and speaking business Start immediately helping others to get results Potential high earnings Be your own boss – live the dream – get what you really, really want in life and business!</p>	

Winnipeg NLP Classic Code & New Code NLP Practitioner 2014

Combined Classic and New Code NLP - August 17-22, 25-30, 2014

When you decide to attend training and coaching with Jacquie Nagy and Irina Mikhalitsina you will be joining an international community of learners and leaders with the highest level of standards, who strive for excellence and the achievement of continually higher levels of performance.

Freedom pricing \$2,697.00 + GST
Certification (optional) extra £50 per certificate

Pricing increases \$200 monthly

See [Holistic Directions website](#) for Individual Course Pricing and Early Booking Discounted Rates

Call 204-480-8667 or email info@holisticdirections.com

Course fee includes coffee | tea and nourishing light snacks during morning and afternoon breaks.



Venue: Actor's Training Centre of Manitoba (ATCMB)
502 - 62 Albert Street
Winnipeg, Manitoba, Canada
R3B 1E9
(204) 957-0061

There are many choices of restaurants in the Exchange District of Winnipeg for you to enjoy exploring!

Refunds: If cancelled 90 days prior to course start refund will be 100 percent of course fees paid less \$100 admin fee. If cancelled 30 days prior to course start refund will be 75 percent of course fees paid less \$100 admin fee. Within 30 days of course start there is no refund. Fees can be transferred to future NLP Practitioner course. Satisfaction guaranteed. At the end of the 1st day of the course if you are not fully satisfied you will be refunded your paid course fees less admin fees (TBA minimum \$100) and cost of one day training.



TRAINER



Jacquie Nagy
ITA Certified NLP Trainer – Classic and New Code NLP
Certified NLP Coach
Certified Adult Educator (CAE)
Certified Business Coach (CBC)™

Jacquie is a certified Neuro Linguistic Programming (NLP) Coach and Business Coach CBC™ and Certified NLP Trainer with the team of NLP co-creator John Grinder, Carmen Bostic St. Clair and Michael Carroll.

Founder of Holistic Directions Inc. and creator of the 'Be Yourself Coach' programs Jacquie offers coaching and trainings to be Authentic - Autonomous - Action Oriented, to live your life – your way!

Following decades of practice, Jacquie generously shares how to tap into the enormous body of resources stored below conscious awareness and fine tune your authentic holistic self. Working with Jacquie, you will get crystal clear on your intentions, learn tools to shift your state, and align your thinking and actions with your desired goals and outcomes.

Her two decades of professional training experience includes the design and delivery of 1,000's of hours of live corporate and public presentations. As the lead trainer and course developer at Holistic Directions Inc., Jacquie delivers NLP Practitioner, Master NLP Practitioner and New Code NLP certification courses and a variety of bespoke public and corporate workshops.

Coach with Jacquie to become super confident and breakthrough anything that is holding you back. Set and achieve value-driven goals and outcomes to accelerate your personal growth. By learning skills to 'Be Yourself Coach' you can move forward in your life more quickly, in balance, and in an authentic and holistic direction.

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TRAINER

Irina Mikhalitsina
ITA Certified NLP Trainer - Classic and New Code NLP



Irina Mikhalitsina, CEO of FastStartCoach, Master NLP coach and NLP Trainer

Irina's journey in the field of transformational work began more than 20 years ago, from the first NLP book "Frogs into Princess" by Bandler and Grinder. She was a student of Linguistics and Psychology and the idea of Human Excellence from that book was so thrilling that Irina continued her amazing journey of research, learning and application of various transformational methods.

Today Irina's expertise includes Solution-Focused Coaching (Erickson College in Vancouver), Strategic Intervention (Robbins-Madanec Centre in USA) and certification as ITA NLP Trainer. Irina applied her knowledge in various professional fields – as a university teacher, as a marketing and sales manager, and since 2010 - as a coach and a trainer in her own online training center "University of Success Strategies", which unites over 15000 Russian speaking people in 43 countries.

"Create Life, Career and Business by Your Design" – this is her message to you.