



**Holistic Directions**  
EXCELLENCE IS THE WAY

## NLP Practitioner Certification

Winnipeg, Canada

Three Modules Format: Eight days of live NLP Training & one additional day Certification (*optional*)  
January 11-13, January 18-20, February 8-9, 2014  
Certification day (*optional & extra fee*) February 10, 2014

**Freedom pricing \$1495.00 + GST**  
**Certification (*optional*) extra \$100.00 + GST**

**BOOK BEFORE DECEMBER 1<sup>ST</sup>, 2013 AND BRING A FRIEND**  
**\$1295.00 + GST**

**INCLUDES one FREE Certification \$100.00 + GST**

**Save \$500.00 + GST**

**(You can decide to share these savings with your friend, who wouldn't?)**

Individuals, Coaches, Trainers, Leaders



### **Just some of the benefits when you attend this ITANLP course:**

- Learn step by step NLP change processes to use anytime and in any context
- Experiential way of learning
- Overcome fears and phobias of any kind within less than an hour
- Instantly break free from patterns that no longer serve you
- Free yourself from the need to take control
- Know who you are so that you can get unstuck
- Overcome most any addiction, whether physical, emotional
- Learn about your unconscious mind - your secret best friend
- Help understand the process of how the mind and body work together - 'how we know what we know'
- Discover multiple ways of learning through your senses
- Personal growth, contribution, change making you understand and appreciate who you really are
- Develop rapport and build a partnership with your unconscious mind
- Gain immediate trust and access to other person in one-on-one conversations
- Getting back broken rapport
- Rebuild relationships

## **Just some of the benefits when you attend this course: (cont...)**

- Break rapport in unhealthy relationships and business environments while maintaining a sense of decorum
- Decipher the tricks used by bad salespeople
- Get the truth of the communication by uncovering non-verbal signals so that you can make more informed decisions
- Learn how to tell how a person is thinking by observing eye movement and non-verbals
- Know which style of communication that people prefer so that you can be on the same page
- Use language to get specific and pay attention to detail
- Turn vision into actions
- Develop the flexibility to communicate with people who are either big picture thinkers or very specific in their language
- Helps others notice and overcome limitations
- Create new options, new possibilities and tools for change
- In dealing with teams, detect how another person is responding to the environment
- Use language that is artfully vague to influence and persuade
- Lock in learnings and information
- Develop a diverse skill set for personal development and growth
- Tools to recognize triggers that set off patterns of behaviour and insert new more resourceful behaviours
- Change the structure of any experience and therefore the experience itself
- Quickly alter your perception of the world and shift your perspective
- Use your timeline to increase learning, rewrite the past, self heal, create future
- Explore the past, forgive yourself and others, review past experiences from multiple perspectives
- Fix unhealthy fragments from your past history
- Replace old difficulties with new resources
- Develop awareness to take charge of altering your states
- Anchoring to allows us to stabilize experiences (memories, emotional states, awareness)
- Notice the triggers that 'push your buttons' and change them
- Learn to access and recreate positive experiences
- How to access the positive intention of any behavior allowing you to adopt a more effective response to the behavior, and the part that produces it, and ultimately give you more control
- An approach that will put a stop to internal conflict and create a harmonious solution
- Integration self appreciation and harmony
- How to solve problems that are now below the conscious level
- How to broaden perspective on any given problem
- Many techniques that will allow you to experience an increased sense of self
- What to do when you feel out of balance
- Promote personal alignment
- Transform, update and clarify beliefs that no longer serve you well
- How to recode the past in such a way that it no longer serves as a reference for destructive feelings or for defining self in negative ways
- How to redirect your brain to go somewhere more useful and productive
- How to build a state of excellence so you can operate from your best

## Winnipeg NLP Practitioner Certification 2014

Freedom pricing \$1495.00 + GST  
Certification (optional) extra \$100.00 + GST

BOOK BEFORE DECEMBER 1<sup>ST</sup>, 2013 AND BRING A FRIEND

**Friend pricing \$1295.00 + GST**

INCLUDES one FREE Certification \$100.00 + GST

**TOTAL Savings = \$500.00 + GST**

(You can decide to share these savings with your friend, who wouldn't?)

Are you wanting to come on this course and looking for more reasons  
and more benefits to decide?

**Sign on NOW and receive SIX FREE BONUSES!  
Valued at \$387.00 +GST**

- 3 Months of Free NLP Cafe (\$30 value)
- NEW 2013 'Origins of NLP' Book, John Grinder and Frank Pucelik (\$30 value)
- How to Build Rapport Cheat Sheet and Webinar (\$16 value)
- Free Download of the '11 Top Tools for Success' with Workbook (\$97 value)
- 30 Mins of FREE Laser Coaching with Jacquie Nagy on any issue (\$67 value)
- NLP Practitioner Guide Book and Workbook (\$147 Value)

**When you sign on and bring a friend...**

**Total Value Savings of \$387.00 x 2 = \$774.00 + \$500.00**

**TOTAL Combined SAVINGS = \$1274.00 +GST**

Call NOW to register! 204-480-8667 or send an email with NLP  
Practitioner in the subject line to:  
[info@holisticdirections.com](mailto:info@holisticdirections.com)